



HolistiCare  
Physical Therapy, LLC

1350 South King Street #300  
Honolulu, HI 96814  
Phone: (808)-348-6336

Hours: Monday-Friday 8am-7pm  
Saturday: 8am-1pm  
Fax: (808)-744-8571

### Doctor – Physical Therapy Referral form

Patient name: \_\_\_\_\_ Insurance: \_\_\_\_\_

DOB: \_\_\_\_\_ Phone #: \_\_\_\_\_

Physician: \_\_\_\_\_ Date of surgery/incident: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ ICD 10 code: \_\_\_\_\_

Specific Instructions: \_\_\_\_\_

Contraindication/precautions: \_\_\_\_\_

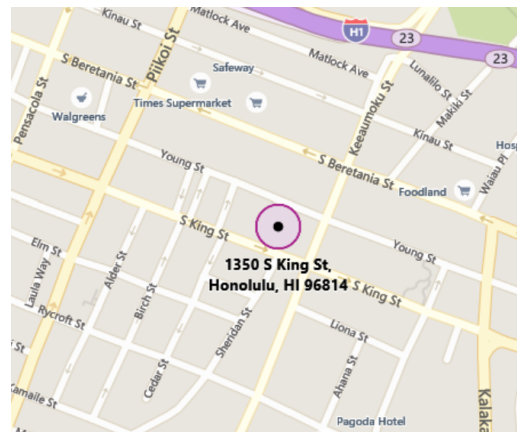
Frequency/Duration: \_\_\_\_\_ x/week for \_\_\_\_\_ weeks

#### Treatment:

- Examine & Treat
- Therapeutic Exercises
- Soft Tissue Mobilization
- Postural education
- Gait/Balance training
- Joint Mobilization
- Modalities

#### Goals:

- Relieve Pain
- Restore Function
- Teach Self-Treatment
- Improve body mechanics
- Increase Strength
- Enhance ROM



Physician Signature

Date